

Exam Countdown Planner

Work backward from exam day. No last-minute cramming.

Exam Subject: _____ Exam Date: _____

Days Left	Date	Topic to Review	Done
-10			☐
-9			☐
-8			☐
-7			☐
-6			☐
-5			☐
-4			☐
-3			☐
-2			☐
-1			☐

Confidence Tracker (rate each topic 1-5 as exam day approaches):

1 = Need major review

3 = Getting there

5 = Exam ready

Exam Day Checklist

- ☐ Pens, pencils, and required materials packed
- ☐ ID / admission slip ready
- ☐ Water bottle and light snack
- ☐ Alarm set with buffer time
- ☐ Final formula sheet / notes reviewed