

PRINTABLE PLANNER PACK

Exam Study Planner

10 Templates + Extras

Weekly · Monthly · Daily · Revision · Countdown · Habits · Progress



Print at home or at a copy shop · A4 size · Black & white friendly
Designed for students preparing for exams, tests, and revision

How to Use This Planner Pack

A quick guide before you start printing and filling in your pages

1. Print what you need

You don't have to print every page. Start with the Weekly Study Planner and Goal Setting page, then add others as your exam gets closer.

2. Set your exam dates first

Before filling in any daily tasks, write down every exam date on the Monthly Overview so you can see your full timeline at a glance.

3. Break subjects into topics

Avoid vague entries like "study biology." List specific topics so each study session has a clear, achievable goal.

4. Review every morning and evening

A short morning glance and an evening check-in keep your plan accurate and realistic, day after day.

5. Track, don't just plan

Use the Revision Tracker and Progress Tracker to confirm what you've actually reviewed, not just what you intended to.

6. Adjust as you go

Falling behind is normal. Simply update the remaining days rather than abandoning the whole plan.

What's inside this pack:

- Weekly Study Planner
- Subject Tracker Sheet
- Revision Tracker
- Time Blocking Sheet
- Habit Tracker
- Notes Pages
- Monthly Study Overview
- Daily Study Planner
- Exam Countdown Planner
- Goal Setting Page
- Progress Tracker
- Extra Goal & Reflection Page

Weekly Study Planner

Template 1 of 10

Week of: _____

Monday

☐ Subject / Topic focus

Tuesday

☐ Subject / Topic focus

Wednesday

☐ Subject / Topic focus

Thursday

☐ Subject / Topic focus

Friday

☐ Subject / Topic focus

Saturday

☐ Subject / Topic focus

Sunday

☐ Subject / Topic focus

Monthly Study Overview

Month: _____

Mon	Tue	Wed	Thu	Fri	Sat	Sun

Key: ■ Exam date ■ Assignment due ■ Study block ■ Rest day

Subject Tracker Sheet

Compare progress across every subject

Subject	Topics Covered	Confidence (1-5)	Remaining Work

Daily Study Planner

Date: _____

Top Priority Today

Hourly Schedule

7-8	
8-9	
9-10	
10-11	
11-12	
12-1	
1-2	
2-3	
3-4	
4-5	
5-6	
6-7	
7-8	

Reflection: What went well? What to adjust tomorrow?

Revision Tracker

Track how many times you've reviewed each topic

Topic	1st Pass	2nd Pass	3rd Pass	Quiz Score

Exam Countdown Planner

Days remaining until: _____

Days Left:

Cross one box off each day as your exam approaches

Countdown Focus Plan

Day	Focus Topic	Done

Time Blocking Sheet

Date: _____

Map every block of your day, breaks included

6:00	
7:00	
8:00	
9:00	
10:00	
11:00	
12:00	
13:00	
14:00	
15:00	
16:00	
17:00	
18:00	
19:00	
20:00	
21:00	
22:00	

Legend: ■ Deep focus study ■ Light review ■ Break / meal ■ Other commitment

Goal Setting Page

Define what success looks like before you begin

Long-Term Goal (this exam season)

Short-Term Milestones (this month)

Why This Matters To Me

Possible Obstacles

How I'll Handle Them

Habit Tracker

Month: _____

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Slept 7+ hours																															
Drank enough water																															
Studied a session																															
Exercised / moved																															
No late-night phone use																															

Progress Tracker

Template 10 of 10

Watch your preparation build over time

Syllabus Completion				
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0%25%50%75%100%

Weekly Reflection Log

Week	What I Completed	What's Next

Notes

Page 1 of 2

[illegible]

Notes

Page 2 of 2

[illegible]

Goals & Reflection

Use this page anytime you need to reset and refocus

This week I'm most proud of...

What felt hard, and why?

One thing I'll do differently next week

A reminder to myself
