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# WEEKLY STUDY PLANNER

7 Free Printable Templates for Focused, Consistent Study

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- Includes:** 7 planner styles • Habit tracker • Goals page  
Assignment tracker • Study timetable • Revision tracker
- Formats:** A4 & US Letter • Black & white and color-friendly
- License:** Free for personal, classroom, and homeschool use

# 1. Minimalist Weekly Planner

Clean black-and-white layout for distraction-free planning.

| Time     | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------|--------|---------|-----------|----------|--------|----------|--------|
| 6-7 AM   |        |         |           |          |        |          |        |
| 7-8 AM   |        |         |           |          |        |          |        |
| 8-9 AM   |        |         |           |          |        |          |        |
| 9-10 AM  |        |         |           |          |        |          |        |
| 10-11 AM |        |         |           |          |        |          |        |
| 11-12 PM |        |         |           |          |        |          |        |
| 12-1 PM  |        |         |           |          |        |          |        |
| 1-2 PM   |        |         |           |          |        |          |        |
| 2-3 PM   |        |         |           |          |        |          |        |
| 3-4 PM   |        |         |           |          |        |          |        |
| 4-5 PM   |        |         |           |          |        |          |        |
| 5-6 PM   |        |         |           |          |        |          |        |
| 6-7 PM   |        |         |           |          |        |          |        |
| 7-8 PM   |        |         |           |          |        |          |        |
| 8-9 PM   |        |         |           |          |        |          |        |

|                    |  |
|--------------------|--|
| Weekly Priorities: |  |
| Weekly Goal:       |  |

## 2. Colorful Student Planner

Bright, motivating layout for younger students.

| Time     | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------|--------|---------|-----------|----------|--------|----------|--------|
| 6-7 AM   |        |         |           |          |        |          |        |
| 7-8 AM   |        |         |           |          |        |          |        |
| 8-9 AM   |        |         |           |          |        |          |        |
| 9-10 AM  |        |         |           |          |        |          |        |
| 10-11 AM |        |         |           |          |        |          |        |
| 11-12 PM |        |         |           |          |        |          |        |
| 12-1 PM  |        |         |           |          |        |          |        |
| 1-2 PM   |        |         |           |          |        |          |        |
| 2-3 PM   |        |         |           |          |        |          |        |
| 3-4 PM   |        |         |           |          |        |          |        |
| 4-5 PM   |        |         |           |          |        |          |        |
| 5-6 PM   |        |         |           |          |        |          |        |
| 6-7 PM   |        |         |           |          |        |          |        |
| 7-8 PM   |        |         |           |          |        |          |        |
| 8-9 PM   |        |         |           |          |        |          |        |

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| Weekly Priorities: |  |
| Weekly Goal:       |  |

### 3. Exam Revision Planner

Subject-by-subject revision tracking for exam season.

| Day       | Subject / Topic | Revision Method | Confidence (1-5) | Done |
|-----------|-----------------|-----------------|------------------|------|
| Monday    |                 |                 |                  | ■    |
| Tuesday   |                 |                 |                  | ■    |
| Wednesday |                 |                 |                  | ■    |
| Thursday  |                 |                 |                  | ■    |
| Friday    |                 |                 |                  | ■    |
| Saturday  |                 |                 |                  | ■    |
| Sunday    |                 |                 |                  | ■    |

# 4. Pomodoro Weekly Planner

Track focused 25-minute study sprints across the week.

| Day       | Session 1 | Session 2 | Session 3 | Session 4 | Session 5 | Session 6 |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| Monday    | ■         | ■         | ■         | ■         | ■         | ■         |
| Tuesday   | ■         | ■         | ■         | ■         | ■         | ■         |
| Wednesday | ■         | ■         | ■         | ■         | ■         | ■         |
| Thursday  | ■         | ■         | ■         | ■         | ■         | ■         |
| Friday    | ■         | ■         | ■         | ■         | ■         | ■         |
| Saturday  | ■         | ■         | ■         | ■         | ■         | ■         |
| Sunday    | ■         | ■         | ■         | ■         | ■         | ■         |

Each box = one 25-minute focus block. Take a 5-minute break between sessions and a longer 20-30 minute break after every 4 sessions.

# 5. College Assignment Planner

Track deadlines, priority, and status across all courses.

| Course | Assignment | Due Date | Priority | Status |
|--------|------------|----------|----------|--------|
|        |            |          |          |        |
|        |            |          |          |        |
|        |            |          |          |        |
|        |            |          |          |        |
|        |            |          |          |        |
|        |            |          |          |        |
|        |            |          |          |        |
|        |            |          |          |        |
|        |            |          |          |        |
|        |            |          |          |        |

# 6. Homeschool Weekly Planner

Plan subjects, activities, and check-ins for each learner.

| Subject    | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|------------|--------|---------|-----------|----------|--------|----------|--------|
| Math       |        |         |           |          |        |          |        |
| Reading    |        |         |           |          |        |          |        |
| Science    |        |         |           |          |        |          |        |
| History    |        |         |           |          |        |          |        |
| Art / PE   |        |         |           |          |        |          |        |
| Free Study |        |         |           |          |        |          |        |

# 7. Time Blocking Weekly Planner

Hour-by-hour grid for blocking out deep-focus study time.

| Time     | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------|--------|---------|-----------|----------|--------|----------|--------|
| 6-7 AM   |        |         |           |          |        |          |        |
| 7-8 AM   |        |         |           |          |        |          |        |
| 8-9 AM   |        |         |           |          |        |          |        |
| 9-10 AM  |        |         |           |          |        |          |        |
| 10-11 AM |        |         |           |          |        |          |        |
| 11-12 PM |        |         |           |          |        |          |        |
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| 2-3 PM   |        |         |           |          |        |          |        |
| 3-4 PM   |        |         |           |          |        |          |        |
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| 6-7 PM   |        |         |           |          |        |          |        |
| 7-8 PM   |        |         |           |          |        |          |        |
| 8-9 PM   |        |         |           |          |        |          |        |

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# Notes

Space for lecture notes, reminders, or ideas.

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# Weekly Goals

Set clear, specific goals for the week ahead.

| Goal | Why It Matters | Deadline | Done |
|------|----------------|----------|------|
|      |                |          | ■    |
|      |                |          | ■    |
|      |                |          | ■    |
|      |                |          | ■    |
|      |                |          | ■    |
|      |                |          | ■    |

## This Week's Top 3 Priorities

1.
2.
3.

# Habit Tracker

Check off each habit daily to build consistency.

| Habit                   | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------------|--------|---------|-----------|----------|--------|----------|--------|
| Reviewed notes          | ■      | ■       | ■         | ■        | ■      | ■        | ■      |
| Read 20 min             | ■      | ■       | ■         | ■        | ■      | ■        | ■      |
| Slept 7+ hrs            | ■      | ■       | ■         | ■        | ■      | ■        | ■      |
| No phone while studying | ■      | ■       | ■         | ■        | ■      | ■        | ■      |
| Exercised               | ■      | ■       | ■         | ■        | ■      | ■        | ■      |
| Drank water             | ■      | ■       | ■         | ■        | ■      | ■        | ■      |
| Planned tomorrow        | ■      | ■       | ■         | ■        | ■      | ■        | ■      |

# Weekly Priorities

Rank what matters most before the week begins.

| Priority | Task | Est. Time | Done |
|----------|------|-----------|------|
| 1        |      |           | ■    |
| 2        |      |           | ■    |
| 3        |      |           | ■    |
| 4        |      |           | ■    |
| 5        |      |           | ■    |
| 6        |      |           | ■    |
| 7        |      |           | ■    |

# Assignment Tracker

A master list of everything due this month.

[illegible]

# Study Timetable

A blank master timetable for building your ideal week.

| Time     | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------|--------|---------|-----------|----------|--------|----------|--------|
| 6-7 AM   |        |         |           |          |        |          |        |
| 7-8 AM   |        |         |           |          |        |          |        |
| 8-9 AM   |        |         |           |          |        |          |        |
| 9-10 AM  |        |         |           |          |        |          |        |
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| 7-8 PM   |        |         |           |          |        |          |        |
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|                    |  |
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# Revision Tracker

Track how many times you've revised each topic before an exam.

| Subject | Topic | Pass 1 | Pass 2 | Pass 3 | Confidence |
|---------|-------|--------|--------|--------|------------|
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |
|         |       | ■      | ■      | ■      |            |